Tacos: *All served On Flour Tortillas & 3 to an Order*

Buffalo Chicken topped with house made Pico de Gallo, Crumbled Blue Cheese, Mixed Greens, drizzled with Cilantro Vinaigrette & Blue Cheese Dressing. $10.25

Blackened, Grilled or Fried Shrimp with Mixed Greens, Sweet & Spicy Cole Slaw, Mango Salsa, Sour Cream & Sliced Avocado, drizzled with Cilantro Oil. $11.95

Blackened, Grilled or Fried Fish topped with Mixed Greens, Mango Salsa, Sweet & Spicy Cole Slaw, Sour Cream & Sliced Avocado, drizzled with Cilantro Oil. $12.50

Flat Bread Pizzas: (Please allow 20 minutes)

BBQ Chicken Chicken, Red Onion, Smoked Gouda, Mozzarella, and Cilantro Oil, Brushed with a BBQ Sauce. $9.50

Margarita Tomato, Fresh Mozzarella, Fresh Basil, brushed with a Garlic Olive Oil. $9.25

Mediterranean Chicken, Feta, Red Onion, Artichoke Hearts, and Oregano, brushed with a Basil Oil. $10.95

Grilled Shrimp Shrimp, Red Onion, Tri Color Peppers, Chorizo Sausage, & Mozzarella, brushed with a Garlic Olive Oil. $12.95

Vegetable Tomato, Artichoke Hearts, Mushrooms, Red Peppers, Toasted Pine Nuts, brushed with a Basil Olive Oil, topped with Mozzarella cheese. $11.50

Steak & Blue Shaved Rib Eye, Blue Cheese, Caramelized Onions, Red Peppers, Mozzarella Cheese, brushed with a Garlic Olive Oil. $11.95

Check Out Our Daily Specials And House Made Desserts

Breakfast served all day!

Grab & Go Dinners available daily
Such As
4 Cheese Pasta with Chicken, Tomato Pie, Chicken Divan, Cajun Shrimp Pasta, Vegetable or Meat Lasagna & Crab Cakes are just some examples of the many creations we can put together for your next dinner.

Delivery Available for Catering. Minimum of 10 People. Please call **843-971-0505** for your Personalized Catering Menu

Join us on Fridays for our Fried Chicken special! Two pieces of our Fried Chicken served with Macaroni and Cheese, Southern-style Cole Slaw and a Garlic-Cheddar Biscuit.

Foodies Cafe & Catering
1729 Sam Rittenberg Blvd.
Charleston, SC 29407
843-818-4863 Phone

Foodies

Cafe & Catering

Locally Owned & Operated, Foodies Cafe & Full Service Catering is able to create Personalized Menus for any occasion. Let Us cater your next event, and you will taste our difference.

Hours

Monday through Friday 7 A.M. to 4 P.M.
Saturday 8 A.M. to 3 P.M.

Catering 7 Days a week

1729 Sam Rittenberg Blvd.
Charleston, SC 29407
843-818-4863 Phone

For Catering Information
call 843-971-0505

Breakfast

Biscuit $ .95 **Cinnamon Roll** $2.95
Bagel with Cream Cheese $2.50 **Assorted Muffins** $1.95
Greek Yogurt & Granola $4.50 **With Fresh fruit** $6.95
Egg Sandwich choice of Scrambled or Fried on choice of Biscuit or English Muffin $2.95
2 Egg Sandwich choice of Challah, Wheat or Rye $3.95
Add Choice of Cheese: Cheddar, Provolone, Havarti, Feta, Mozzarella, or Gouda $ .75
Add Choice Of Meat: Ham, Bacon or Sausage Patty $1.50
Simple Breakfast: 2 Eggs Any Style, Yellow Stone Ground Grits & Biscuit $ 4.25 with Choice of Meat $5.95
Mexican Scramble Flour Tortilla, Folded with 3 Scrambled Eggs, Chorizo Sausage,Tri Color Peppers, Avocado, Red Onions, & Cheddar Cheese served with Breakfast Potatoes $7.95
Pico de Gallo or Sour Cream $ .50 each

Omelets: *All Made with 3 Eggs*

Farmers Omelet Tomato, Spinach, Red Onion, Tri Color Peppers, & Mushrooms with Havarti Cheese $8.75
Meat Lovers Omelet Ham, Bacon, Sausage, Peppers, Onions And Cheddar Cheese $9.25
Three Cheese Omelet Cheddar, Smoked Gouda & Havarti $7.95
Greek Omelet Spinach, Tomato, Red Onion & Feta Cheese $9.75
Bacon & Cheddar Omelet $6.95

*All Omelets come with Yellow Stone Ground Grits or Breakfast Potatoes *Fresh Fruit additional $ .50*
**Egg Whites $1.50*

Sweet Treats & Specialties

Traditional French Toast Sliced Challah Bread dusted with Powdered Sugar And Syrup $4.95
Buttermilk Pancakes (4) Served with Syrup & Whipped Butter $4.95
Short Stack (2) $3.00
Add Fresh Strawberries or Chocolate Chips $1.50
Shrimp & Grits Sauteed Shrimp & Andouille Sausage with Tri Color Peppers and Grape Tomatoes finished with Brown Butter Thyme Sauce over Yellow Stone Ground Grits $12.95
Traditional Eggs Benedict English Muffin topped with 2 Poached Eggs, Ham and Hollandaise Sauce. Served with Breakfast Potatoes $8.95
Smoked Salmon Benedict English Muffin topped with 2 Poached Eggs, Smoked Salmon & Dill Hollandaise Sauce. Served with Breakfast Potatoes $11.95
Crab Cake Benedict 2 Eggs Poached on top English Muffin topped with Crab Cake & Hollandaise Sauce. Served with Breakfast Potatoes $11.95
Smoked Salmon Bagel Sandwich choice of Plain or Everything Bagel, topped with Smoked Salmon, Capers, Red Onions, Cucumber & Cream Cheese $6.95

Sides: **Bacon, Ham Or Sausage Patties** $2.75

Fresh Fruit $3.00
Cheese Grits or Breakfast Potatoes $2.00

Beverages: **Coffee** $1.50 SM $2.00 LG

Coke Products $1.50 SM $2.00 LG
Iced Mocha $3.25 **Tazzo Hot Tea** $2.00
Orange Juice, Apple Juice, Milk $1.50 SM $2.00 LG
Assorted Bottled Beverages

Salads

Caesar Romaine, Shaved Parmesan, Garlic Croutons, Caesar Dressing $6.00
Cobb Chopped Romaine, Layered with Hard Boiled Egg, Tomatoes, Grilled Chicken, Bacon, Blue Cheese Crumbles, Avocado, with a Buttermilk Blue Cheese Dressing or Herb Buttermilk Ranch $9.95
Chef Romaine & Mixed Greens, Turkey, Ham, Cheddar, Mozzarella, Tomatoes, Red Onions, Bacon, Hard Boiled Egg, Choice of Dressing $9.95
Super Salad with a scoop of Chicken Salad, Tuna Salad, Egg Salad & Pimento Cheese on a bed of Mixed Greens $9.75
Tortilla Blackened or Grilled Shrimp Mixed Greens, Cucumbers, Tomatoes, Red Onions, Avocado, Corn, Black Beans, Mango Salsa, Fried Tortilla Strips tossed with a Cilantro Vinaigrette $12.50
Greek Chopped Romaine, Tomatoes, Cucumbers, Kalamata Olives, Red Onions, Green Peppers, Pepperoncini, Feta Cheese tossed with a Lemon Herb Vinaigrette $8.95
Blue Cheese Salad Mixed Greens & Chopped Romaine with Tomatoes, Cucumbers, Mandarin Oranges, Dried Cranberries, Blue Cheese Crumbles, Choice of Dressing $8.50
Mediterranean Goat Cheese Mixed greens, Artichoke Hearts, Toasted Pine Nuts, Kalamata Olives, Roasted Red Peppers, Red Onions, & Goat Cheese with a Lemon Herb Vinaigrette $8.95
Foodies Wedge Salad Chopped Romaine Topped with Grape Tomatoes, Bacon, Crumbled Blue Cheese, Fried Onions, with a Buttermilk Blue Cheese Dressing $8.95
Spinach Salad with Sliced Apples, Goat Cheese, Spiced Pecans, Red Peppers, with Apple Cider Honey Emulsion Dressing $8.95
House Salad Mixed Greens, Tomatoes, Cucumbers, Red Onions, shredded Cheddar and Croutons with choice of Dressing $4.25
Chucktown Fitness Salad Spinach with Tomatoes, Red Onions, Avocado, Cucumbers, Kalamata Olives, Mandarin Oranges, Dried Cranberries, Artichoke Hearts, Pecans and Roasted Red Peppers with Balsamic Vinaigrette $9.95
Smoked Salmon Crostini Crostini topped with Horseradish-Caper Sour Cream served with a Red & Blue Salad of Mixed Greens, Caramelized Walnuts, crumbled Blue Cheese, dried Cranberries with a Citrus-Vinaigrette $10.95

Dressings: Herb Buttermilk Ranch, Caesar,Thousand Island, Sweet Vidalia Onion, Buttermilk Blue Cheese, Lemon Herb Vinaigrette, Cilantro Vinaigrette, Balsamic Vinaigrette, Apple Cider Honey Emulsion, Honey Mustard, Citrus Vinaigrette.

Add Grilled Or Fried Chicken Strips $3.50
Add Grilled Or Fried Shrimp $4.95

»»»*All Salads Served with Pita unless otherwise specified.*

Soup of the Day Cup $2.75 or Bowl $3.95

Half Sandwich & Cup of Daily Soup or Small House Salad $6.95
Egg Salad • Chicken Salad • Pimento Cheese
Turkey & Cheese • Ham & Cheese • Roast Beef & Cheese
Lettuce, Tomato, Onion, Mayo & Mustard Optional

Specialty Half Sandwich & Cup of Daily Soup $7.95
Fried Green Tomato • Turkey Club (2 Slices Of Bread)
Reuben • Italian Panini • Three Cheese Panini
Caprese Panini • Roast Beef & Havarti Panini
Ham & Smoked Gouda Panini

Sandwiches

Turkey Club with Turkey, Bacon, Lettuce, Tomatoes, Avocado, Red Onions, Cheddar & Provolone Cheese and Mayonnaise On Toasted Challah Bread. $8.95
Fried Green Tomato BLT Fried Green Tomato, Lettuce, Layered with House made Pimento Cheese, Bacon, Vine-ripened Tomatoes & Mayonnaise on Toasted Challah Bread. $7.95
Shrimp or Fish Po'Boy Either Grilled, Blackened or Fried with Garlic Aioli, Sliced Tomatoes and Chopped Romaine on a Toasted Hoagie Bun $9.50
Buttermilk Fried or Grilled Chicken Topped with Lettuce, Tomatoes, Red Onions, Choice Of Cheese, Cajun Aioli on a Brioche Bun. $7.50
Philly Cheesesteak with Sliced Provolone, topped with Shaved Rib eye, Peppers, Onions and topped with a layer of Provolone on Garlic-buttered Hoagie Bun. $9.95
BBQ Pulled Pork House Smoked Pulled Pork Topped with Southern Style Cole Slaw on a Brioche Bun. $6.50
Reuben Sliced Corn Beef, topped with Sauerkraut, Swiss Cheese, Thousand Island Dressing on Marble Rye. $9.50
Foodies Cuban House Smoked Pulled Pork, Swiss Cheese, Ham, Pickles, Dijon Mustard on Hoagie Bun. $8.95
Crab Cake Sandwich Our Special Crab Cake, topped with Cajun Aioli, Lettuce, Tomatoes and Red Onions on a Brioche Bun. $8.95

Panini Sandwiches: All served on Italian Bread

Grilled Three Cheese with Cheddar, Provolone & Havarti. $6.00
Add Tomato $ .75 **Add Ham or Bacon** $1.50
Grilled Roast Beef & Havarti with Roasted Red Peppers, Caramelized Onions & Horseradish Aioli. $9.95
Grilled Prosciutto & Fresh Mozzarella with Tomatoes, Fresh Basil,Red Peppers drizzled with a Basil Vinaigrette. $9.95
Grilled Ham & Smoked Gouda with Red Onion, Tomato, and a Honey Dijon Aioli $8.50
Grilled Italian Hard Salami, Prosciutto, Ham, Fresh Mozzarella, Red Peppers, Tomatoes, Red Onions with a Basil Vinaigrette $9.95
Caprese Vine ripened Tomato, layered with Fresh Mozzarella, Fresh Basil, Roasted Red Peppers, with Balsamic Vinaigrette. $8.95

»»»» **Make Any Sandwich A Basket:** Hand Cut Fries, SoCo Chips, Southern Style Cole Slaw, Pasta Salad, Potato Salad. Additional $2.75

All Sandwiches come with bag of chips and pickle