Thursday, Friday & Saturday BBQ & Fried Chicken Meals Available.

Tacos

»»» All served on Flour Tortillas & 3 to an Order

BUFFALO CHICKEN topped with house made Pico de Gallo, Crumbled Blue Cheese, Mixed Greens, drizzled with a Cilantro Vinaigrette & Blue Cheese Dressing. $10.25

BLACKENED, GRILLED OR FRIED SHRIMP with Mixed Greens, Sweet & Spicy Cole Slaw, Mango Salsa, Sour Cream & Guacamole. $12.50

BLACKENED, GRILLED OR FRIED FISH topped with Mixed Greens, Mango Salsa, Sweet & Spicy Cole Slaw, Sour Cream & Guacamole. $ 12.50

Flat Bread Pizzas

Please allow 20 minutes

BBQ CHICKEN Chicken, Red Onion, Smoked Gouda, Mozzarella, and Cilantro Oil, Brushed with a BBQ Sauce. $9.50

MARGARITA Vine Ripe Tomato, Fresh Mozzarella, Fresh Basil, brushed with a Garlic Olive Oil. $9.25

MEDITERRANEAN Chicken, Feta, Red Onion, Artichoke Hearts, and Kalamata Olives, brushed with a Basil Oil. $10.95

GRILLED SHRIMP Shrimp, Red Onion, Tri Color Peppers, Chorizo/Sausage, Mozzarella Cheese, brushed with a Garlic Olive Oil. $12.95

VEGETABLE Vine Ripe Tomato, Artichoke Hearts, Mushrooms, Red Peppers, Toasted Pine Nuts, brushed with a Basil Olive Oil, topped with Mozzarella cheese. $11.50

STEAK & BLUE Shaved Rib Eye, Blue Cheese, Caramelized Onions, Red Peppers, Mozzarella Cheese, brushed with a Garlic Olive Oil. $11.95

Beverages

COFFEE $1.50 SM $2.00 LG

COKE PRODUCTS $1.50 SM $2.00 LG

ICED MOCHA $3.25 • **TAZZO HOT TEA** $2.00

ORANGE JUICE, APPLE JUICE, MILK $1.50 SM $2.00 LG

ASSORTED BOTTLED BEVERAGES

Breakfast

BISCUIT $.95 • **CINNAMON ROLL** $2.95
DAILY BAKED GOODS $2.95 • **ASSORTED MUFFINS** $1.95
BAGEL WITH CREAM CHEESE $2.50
GREEK YOGURT & GRANOLA $4.50 with fresh fruit $6.95

EGG SANDWICH choice of Scrambled or Fried on choice of *Biscuit or English Muffin* $2.95
2 EGG SANDWICH choice of Challah, Wheat or Rye $3.95
Add Choice of Cheese: *Cheddar, Provolone, Havarti, Feta, Mozzarella, or Smoked Gouda* $.70
Add Choice Of Meat: *Ham, Bacon or Sausage Patty* $1.50

SIMPLE BREAKFAST 2 Eggs any Style, Yellow Stone Ground Grits & Biscuit $4.25

MEXICAN SCRAMBLE Flour Tortilla, Folded with 3 Scrambled Eggs, Chorizo/Sausage,Tri Color Peppers, Avocado, Red Onions, & Cheddar Cheese $ 6.95 - *Side of sour cream or pico de gallo $.95 each*

Omelets

All Made with 3 Eggs - All omelette's come with Yellow Stone Ground Grits or Breakfast Potatoes. • Fresh Fruit additional .50

MEAT LOVERS OMELET Ham, Bacon, Sausage, Peppers & Onions and Cheddar Cheese $9.25

FARMERS OMELET Tomato, Spinach, Red Onion, Tri color Peppers, & Mushrooms with Havarti Cheese $8.75

THREE CHEESE OMELET Cheddar, Gouda & Havarti $7.95
All Omelets come with choice of either Cheese Grits, Fresh Fruit, or Breakfast Potatoes

GREEK OMELET Spinach,Tomato, Red Onion & Feta Cheese $9.75

TRADITIONAL FRENCH TOAST Sliced Challah Bread dusted with Powdered Sugar And Maple Syrup $4.95

BUTTERMILK PANCAKES (4) served with Maple Syrup and Whipped Butter $5.95 *Add fresh Strawberry $1.50, Chocolate Chips $1.00*

SHORT STACK (2) $4.25 *Add fresh Strawberry $1.50, Chocolate Chips $1.00*

Sides

BACON, HAM OR SAUSAGE PATTY $2.75
FRESH FRUIT $2.50
CHEESE GRITS OR BREAKFAST POTATOES $2.00

Delivery Available Minimum 10 People. Please call 843-971-0505 for your Personalized Catering Menu

Breakfast served all day!

Foodies

Cafe & Catering

Locally owned & operated, Foodies Cafe & Full Service Catering is able to create personalized menu's for any occasion. Let us cater your next event, and you will taste our difference.



Hours
Monday-Wednesday 7am-6pm
Thursday-Friday 7am-7pm
Saturday 8am-3pm

1729 Sam Rittenberg Blvd.
Charleston, SC 29407
843-818-4863 Phone
foodiescafe.net

Grab & Go Dinners available daily. Join our email dinner club to receive our Weekly Dinner Menu's and Specials.

Salads

CAESAR Romaine, Shaved Parmesan, Garlic Croutons, Caesar Dressing $6.00

COBB Chopped Romaine, Layered with Hard Boiled Egg, Tomato, Grilled Chicken, Bacon, Blue Cheese Crumbles, Avocado, tossed with a Buttermilk Blue Cheese Dressing or Herb Buttermilk Ranch. $9.95

CHEF Romaine & Mixed Greens, Turkey, Ham, Cheddar, Mozzarella, Tomato, Green Onions, Bacon, Hard Boiled Egg, Choice of Dressing. $9.50

SUPER SALAD with a scoop of Chicken Salad, Tuna Salad, Egg Salad & Pimento Cheese on a bed of our Blue Cheese Salad. $9.75

TORTILLA BLACKENED OR GRILLED SHRIMP Mixed Greens, Cucumber, Tomato, Red Onion, Avocado, Corn, Black Beans, Mango Salsa, Fried Tortilla Strips tossed with a Cilantro Vinaigrette. $12.50

GREEK Chopped Romaine, Tomato, Cucumber, Kalamata Olives, Red Onions, Green Peppers, Pepperoncini, Feta Cheese, tossed with a Lemon Herb Vinaigrette $8.95

BLUE CHEESE SALAD Mixed Greens & Chopped Romaine with Tomato, English Cucumber, Mandarin Oranges, Dried Cranberries, Blue Cheese Crumbles, Choice of Dressing. $8.50

MEDITERRANEAN Goat Cheese Mixed greens, Artichoke Hearts, Toasted Pine Nuts, Kalamata Olives, Red Onions, & Topped with Goat Cheese with a Lemon Herb Vinaigrette. $8.95

CLASSIC ICEBERG WEDGE Topped with Grape Tomatoes, Bacon, Crumbled Blue Cheese, Fried Onion Strings. Finished with a Buttermilk Blue Cheese Dressing. $6.95

SPINACH SALAD with Sliced Apples, Goat Cheese, Spiced Pecans, Roasted Red Peppers tossed with Apple Cider Honey Emulsion Dressing. $8.95

HOUSE SALAD Mixed Greens, Tomato, Cucumber, Red Onion, choice of Dressing $3.95

DRESSINGS: Herb Buttermilk Ranch, Caesar, Thousand Island, Sweet Vidalia Onion, Buttermilk Blue Cheese, Lemon Herb Vinaigrette, Cilantro Vinaigrette, Balsamic Vinaigrette, Apple Cider Honey Emulsion.

Add Grilled Or Fried Chicken Strips $3.50
Add Grilled Or Fried Shrimp $4.95
»»» All Salads Served with Pita.

Soup of the Day Cup $2.75 or Bowl $3.95

HALF SANDWICH & CUP OF DAILY SOUP $6.50
Turkey & Cheese • Ham & Cheese
Roast Beef & Cheese
Lettuce, Tomato, Onion, Mayo & Mustard Optional
Egg Salad • Chicken Salad • Pimento Cheese

SPECIALTY HALF SANDWICH & CUP OF DAILY SOUP $7.75
Fried Green Tomato • Turkey Club *(2 Slices Of Bread)*
Reuben • Italian Panini • Three Cheese Panini
Caparse Panini • Roast Beef & Havarti Panini
Ham & Smoked Gouda Panini

Sandwiches

TURKEY CLUB on Toasted Challah Bread with Turkey, Bacon, Lettuce, Tomato, Avocado, Red Onion, Cheddar and Provolone Cheese with Mayo. $8.95

FRIED GREEN TOMATO BLT on Toasted Challah Bread, Fried Green Tomato, Lettuce, Layered with House made Pimento Cheese, Bacon, Vine Ripened Tomato & Mayonnaise. $7.95

GRILLED, SPICY OR FRIED SHRIMP PO BOY on a Hoagie Bun topped with a Tomato, Napa Cabbage Slaw & Garlic Aioli. $9.95

BUTTERMILK FRIED CHICKEN OR GRILLED CHICKEN topped with Lettuce, Tomato, Red Onion, Choice Of Cheese, Cajun Aioli on a Brioche bun. $7.50

BLACKENED OR FRIED FISH PO BOY on a Hoagie Bun with a Tomato Napa Cabbage Slaw & Garlic Aioli. $ 9.50

PHILLY CHEESE STEAK on a grilled Garlic Butter Hoagie Bun with Shaved Ribeye, Sauted Peppers & Onions, Provolone Cheese, drizzled with a Cheese Sauce. $9.95

BBQ PULLED PORK HOUSE SMOKED on a Toasted Hoagie Bun, with Cole Slaw. Choice of Hot Vinegar, Original or Mustard BBQ Sauce. $6.50

BBQ BRISKET on a Toasted Hoagie Bun, with Texas Red BBQ Sauce with Cole Slaw. $7.95

CHICKEN SALAD $ 6.50 • **EGG SALAD** $ 6.50 • **BLT** $ 6.50

Panini Sandwiches *All served on Italian Bread*

GRILLED THREE CHEESE with Cheddar, Provolone & Havarti. $6.00
Add Tomato $ .75 • Add Ham or Bacon $1.50

GRILLED ROAST BEEF & HAVARTI with Roasted Red Peppers, Caramelized Onions & a Horseradish Aioli. $9.95

GRILLED PROSCIUTTO & FRESH MOZZARELLA with Vine Ripened Tomato, Fresh Basil, Red Peppers drizzled with a Basil Vinaigrette. $9.95

GRILLED HAM & SMOKED GOUDA with Red Onion, Tomato, with a Dijon Ailoi. $8.50

GRILLED ITALIAN Hard Salami, Prosciutto, Ham, Fresh Mozzarella, Red Peppers, Vine Ripened Tomato, Red Onion with Basil Vinaigrette. $9.95

CAPRESE Vine Ripened Tomato, layered with Fresh Mozzarella, Fresh Basil, Roasted Red Peppers, Dressed with Balsamic Vinaigrette. $8.95

REUBEN Sliced Corn Beef, topped with Sauerkraut, Swiss Cheese, Thousand Island Dressing on Marble Rye. $9.50

FOODIES CUBAN House Smoked Pulled Pork, Ham, Swiss Cheese, Bread & Butter Pickles, Dijon Mustard on Hoagie Bun. $8.95

»»» Make Any Sandwich A Basket: Hand Cut Fries, SoCo Chips, Southern Style Cole Slaw, Pasta Salad, Potato Salad. Additional $ 2.00.

Short on time? Phone in your order, we will have it ready for you to Pick up.



Check out our daily specials and house made desserts!